





# the best team will win

A TYPICAL DAY'S PROGRAMME FOR A TEAM WITH SOME EXPERIENCE

**0930-1030**  
ON-BOARD BREAKFAST BRIEFING  
ON SAFETY, ASSESSMENT OF  
EXPERIENCE, PLANNING THE DAY

**1030-1230**  
SESSION 1 - BASICS OF JOD 35  
SAILING, ROTATE CREW, UPWIND  
AND DOWNWIND PRACTICE,  
CHANGING SAILS UNDERWAY,  
TRIMMING, TACTICAL WEIGHT  
DISTRIBUTION, DEFINE ROLES

**1230-1330**  
LUNCH ON BOARD OR ASHORE -  
COMPARE NOTES, PLAN  
COMPETITIVE SESSION,  
ASSESS WIND AND TIDE  
CONDITIONS, SET COURSE

**1330-1630**  
SESSION 2 - TYPICAL RACE  
CIRCUIT (WINDWARD/LEEWARD)  
TIME TRIALS, MARK ROUNDING,  
GYBYING, STARTING, TACTICS,  
WEATHER/TIDE READING

YOUR CREW WILL BE IN FULL CONTROL OF THE BOAT FROM LUNCHTIME ONWARDS WITH  
OUR SKIPPER ON HAND FOR COACHING GUIDANCE AND SAFETY, GENERALLY STATIONED  
BEHIND THE HELM WITH A CLEAR VIEW OF SURROUNDING BOATS.

WE WILL PREPARE A PROGRAMME WHICH REFLECTS THE EXPERIENCE OF YOUR  
TEAM AND ADVISE A LONGER PROGRAMME FOR TEAMS WITH A HIGHER  
PERCENTAGE OF NOVICES.

**1630-1650**  
PACK UP BOAT AND FINAL  
FAMILIARISATION

**1650-1730**  
DEBRIEF, PRESENT RACE PACK TO  
EACH TEAM MEMBER, PRESENT  
CREW-OF-THE-DAY AWARD

The Jeanneau One Design [JOD] 35 hit the French yachting scene by storm in 1991, quickly becoming the long-term choice for the professional race circuit - including France's most prestigious one-design regatta, the 'Tour de France à la Voile'. For five years the JOD 35 reigned as the one-design class leader and is still as popular as ever as the fleet racing choice around France and across Europe.

The JOD 35 flies off the wind and is renowned as an all weather competitor. As a lightweight racer she is highly responsive to sail trimming and weight distribution, gaining competitive advantage through intelligent use of all available controls.

The JOD 35 is a rigid one-design class. With all boats identical in specification there is only one way to win - through preparation and teamwork. Our JOD 35 race training package is designed to cater for all levels of experience, focusing on getting the team working together and delivering knowledge specific to this boat in an intensive, exciting day of sailing.



OUR JOD 35 IN ACTION  
IN THE LITTLE BRITAIN  
CHALLENGE 2002

## TEAM TRAINING

You can choose to train your team in a real race situation at weekends, in time trials on any day of the week or a combination of both.

Yacht races in the UK generally start in the morning on a Sunday, so racing programmes are best carried out with training on the Saturday as a 1½ day event, overnighting in a local hotel or on board.

You should bear in mind that the JOD 35 is a race boat and accommodation is a single open area, with six berths, a small two-ring hob and a toilet in the sail storage area in the bows - great for cementing a team spirit but with little or no privacy. However, all marinas have good showering facilities and bars/restaurants nearby.

## CREW RACE PACK

Entitled 'How to Win with a JOD 35' the pack contains boat speed/wind speed/wind angle matrices, trimming tips, rig tuning tips, a performance polar diagram, general information on the JOD 35 and a small gift as a reminder of the day with us.

## PRICES

See overleaf for sample prices and how to book.